**Document on Discipline**

**Intro:**

**Discipline is the soul of an army. It is that which makes small numbers formidable.-George Washington.**  
Good morning, respected Principal ma’am, teachers, parents, and my dear friends. Today, we are gathered here to celebrate a value that is one of the strongest pillars in our journey toward success and fulfilment—discipline.

**(M)**Discipline is often seen as following rules, but it is so much more. It is the commitment to stay focused, to act responsibly, and to hold ourselves accountable to the goals we set for ourselves.

**(V)**Without discipline, our dreams remain just that—dreams. With discipline, however, these dreams transform into achievable goals, each step drawing us closer to who we aspire to be….. Now let’s join our hands to pray to the almighty.

**Welcome Dance:**

**(M)**To start on a positive note, let’s enjoy a beautiful welcome dance performed by our class. Please join us in welcoming them with a big round of applause!

**Yoga:**  
**(V)**Yoga is another form of discipline for the mind and body. Please join us as Swarnima, Rutika and Sarah demonstrate a few yoga poses to show how discipline in health can lead to a balanced life.

**Quote:**  
**(V)**To inspire us, I shall share a thought-provoking quote on discipline.  
**Education without discipline is like a ship without an anchor." - Theodore Roosevelt** This reminds us that with discipline, even the toughest goals become achievable.

**Talk:**  
**(D)**Next, we have Kairav and Aaradhya, who will talk about how discipline influences our lives and helps us grow.

**(M)**Thank you, Kairav and Aaradhya. Your words remind us that discipline is the foundation for personal growth and success.

**Motivational Play:**

**(D)**To further inspire us, we have prepared a motivational play highlighting discipline's power. Let’s enjoy this wonderful performance!

**Nukkad Natak:**

**(M)**Now, to make the idea of discipline even more relatable, let's watch a play that shows us its true vital. It shows how discipline plays a role in our daily lives. Let's welcome them to the stage!

**Dance 1:**  
**(V)**Now, let’s enjoy a spirited and stupendous dance performance. Please give them a big round of applause!

**Ending:**  
**(D)**Thank you, everyone, for being a part of today’s assembly. Let’s all commit to practising discipline in our studies, our actions, and our goals. Have a disciplined and wonderful day ahead!